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TEMPORARY CROWN POST OP INSTRUCTIONS

- Although your provisionals are designed to be a model for your definitive restorations, they
 will not feel like your final restorations, which will be smoother and more lifelike in
 appearance.
- Your teeth may be sensitive to temperature and chewing with your provisionals, but this
 will subside after your final restorations are placed. Some patients experience a sensation of
 contraction and tightness with cold/hot food or beverages. This is normal; you will not
 experience this with your permanent restorations.
- Avoid eating hard foods or anything very chewy. You will have some discomfort after your initial appointment. Each patient will vary with the sensitivity they experience. We have found that this initial discomfort is easily relieved in most cases by taking 600mg of ibuprofen every 6 hours as needed. If your sensitivity cannot be managed with ibuprofen, please call the doctor.
- If your bite feels "high" after the anesthetic wears off, please call for an adjustment appointment.
- It's extremely important to keep your gums as healthy as possible between your initial and final appointment. Floss daily and brush frequently until your next appointment.